

Joshua J. Volponi

University of California, San Francisco
Sandler Neurosciences Center
675 Nelson Rising Lane
MC 0444 (Mailbox), Room 510 (Office)
San Francisco, CA 94143

Joshua.Volponi@ucsf.edu (work)
Josh.Volponi@gmail.com (other)

Education

University of California, Berkeley
Bachelor of Arts in Molecular and Cell Biology
Emphasis in Neurobiology

Graduated December 2014

Research Experience

Clinical Research Coordinator, UCSF – Neuroscape Center
Assistant Clinical Research Coordinator, UCSF – Neuroscape Center
Staff Research Associate, UCSF - Neuroscape Center
Research Assistant, UCSF - Gazzaley Lab

March 2022-Present
January 2019-February 2022
January 2016-December 2018
June 2014-December 2015

Research Interests

- Using novel technology to administer cognitive assessments and interventions across the lifespan
 - Designing and coordinating mobile randomized controlled trials
 - Adapting and applying cognitive assessments and interventions to patients in clinical populations, including individuals diagnosed with depression, dementia, MCI, MS, and ADHD
 - Exploring the effect of culture and language on cognition through multi-site international collaborations
 - Assessing how mental preparation and mindfulness impact athletic performance
 - Investigating the effect of concussion on cognitive abilities of youth, amateur, and professional athletes
 - Mentoring and training students, interns, and staff members
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Relevant Skills

- Program/Project manager experience with large scale in person and remote longitudinal training studies and single visit assessments
- Experience with populations of children, younger adults, and older adults in both research and community service settings
- Experience with electronic health records including PII/ HIPAA/CITI Training
- Proficient in Microsoft Word, Excel, and PowerPoint on PC and Mac
- Proficient with Asana, Clickup, Figma, Zapier and other project management software
- Experience with CMS (Django), error tracking (Sentry), and other tech development tools
- Some Python, R, SPSS, JASP, Presentation, E-Prime, SQL, and Matlab experience
- Familiarity with Google Analytics, AWS, Firebase, MTurk, Facebook Ads, and Craigslist recruitment
- Experience with Qualtrics, Cloudflare, and other data collection and security platforms
- EEG (Biosemi) and MRI trained
- Experience using VR (Oculus, Vive) and AR modalities and peripherals (Omni)
- Able to work remotely with team members across multiple time zones and countries while running high impact studies

Projects

Program Manager for International Remote Research Platform

November 2019-Present

- Coordinate, manage, or advise on 60+ studies with over 16,000 participants
- Trained over 50 staff members and collaborators to use our randomized controlled trials platform (Nexus)
- Iterate between researcher and participant needs and developer bandwidth to develop and improve Nexus through over 500 features and updates
- Developed and honed documentation and protocol for using Nexus across three servers (production, QA, and development)
- Manage team members across multiple countries with diverse project requirements using ClickUp, Figma, and Asana to prioritize and meet milestones over the course of six development contracts

Project Manager for Lifespan Executive Function Assessment Validation

May 2020-Present

- Adaptive Cognitive Evaluation (ACE) Validation, including building a normative database as well as overseeing external validation studies
- Spearheaded efforts to identify and prevent bots and bad actor participants in remote data collection
- Built, tested, and managed lifespan remote study scaffolding and novel features
- Interviewed and hired other researchers to meet study requirements
- Implemented IRB Modification protocols
- Led massive recruitment efforts through Character Lab, Qualtrics Panels, MTurk, and through partnerships with 17 schools and extracurricular programs

Study Coordinator for Mobile Randomized Controlled Training Study

January 2019-Present

- Designed a mobile study to test the feasibility of deploying a targeted digital health remediation program for older adults in senior living communities based upon an initial characterization of cognitive abilities
- Implemented a participatory design approach through focus groups of older adults to better design the paradigm for the target intervention group
- Remotely administered intervention after modifications for COVID-19

Study Coordinator for Cognitive and Physical Training Study (Older Adults)

Dec. 2016-Oct. 2021

- Modified an adaptive training paradigm to accommodate the abilities of older adults
- Trained multiple classes of USF Kinesiology students to instruct participants in this intervention
- Served as the liaison between participants, principal investigators, research associates, and interns throughout the 6–8-week study and a one-year follow-up assessment
- Ran participants through assessment visits, including a battery of attention, working memory, and global cognitive outcomes, senior fitness and VO2 Max tests, an MRI, and a blood draw
- Presented initial findings at the 2018 Bay Area Memory Meeting
- Gave a Data Blitz Talk at the Cognitive Neuroscience Society Annual Meeting in March 2019
- Co-authored a peer-reviewed journal article of these results published in August 2022

Assisted with cognitive and physical training study designed for MS patients

April 2018- December 2019

- Collaborated with Neurotech at the Center Hospitalier Universitaire Vaudois (CHUV) in Lausanne, Switzerland, and the Bové lab at UCSF for this multi-site intervention
- Trained visiting scholars and staff in a version of Neuroscape's Body-Brain Trainer (BBT)
- Reviewed and edited the IRB proposal and protocol for this study

Center-Wide Recruitment and Neuropsychological Assessment Manager

June 2014-Sept. 2019

- Co-created a battery of written and electronic based tasks with the UCSF Memory and Aging Center to efficiently assess the general cognitive abilities of older adults
- Trained over 50 individuals (volunteers, staff, Medical Doctors, and visiting scholars) in these techniques

- Organized, scheduled, and ran neuropsychological training sessions for the Neuroscape Center
- Visited senior centers throughout Northern California to inform older adults about the importance of neuroscience research and provided opportunities to participate
- Assessed more than 300 older adults through this procedure

BRIGHTEN – Bilingual Mood and Depression Mobile RCT

January 2016-August 2018

- Remotely assessed the impact of cognitive training on individuals diagnosed with depression
- Interacted with thousands of English-speaking, Spanish-speaking, and bilingual individuals across the US
- Created websites and videos for this completely mobile and remote study
- Debugged study-specific mood apps for iOS and Android
- Co-authored a peer-reviewed journal article of these results published in August 2018

Assisted with Cognitive Training Video Game (Neuroracer) 6 Year Follow-Up

June 2017-August 2018

- Trained research assistants on cognitive assessments, behavioral tasks, and EEG data collection
- Worked with participants from the September 2013 Nature cover paper
- Ran neuropsychological assessments and EEG cognitive visits
- Co-authored a peer-reviewed journal article of these results published in July 2021

Older Adult Cognitive Assessment Feasibility Study

May-June 2017

- Collaborated with Akili Interactive using the cognitive platform Project: EVO
- Helped present an overview of our research to over 100 older adults in Northern California
- Facilitated the participation of over 45 older adults in an adaptive tablet-based task

Sleep Loading Improves Visual Search RT and Reduces Fatigue in Professional Baseball Players

- Assisted Cheri Mah, M.S., M.D. in a sleep loading study with elite professional athletes *March 2017*
- Helped run a mobile cognitive battery of assessments including using the Right Eye platform
- Study findings presented at the *American Academy of Sleep Medicine* conference *June 2017*

Trained Research Group studying Multiple Sclerosis on Cognitive tasks

2016

- Trained members of the Bové Lab at UCSF in neuropsychological measures as well as tablet based cognitive assessments
- Offered support and troubleshooting advice for these measures throughout the duration of the study

Adaptive Cognitive and Physical Training Study (Younger Adults)

January 2015-December 2016

- Scheduled visits and served as first point of contact for participants
- Conducted cognitive and physical outcome measure collection visits using MRI and EEG as well as standardized physical fitness tests
- Trained 18 USF students to run physical assessment visits
- Analyzed outcome measures using Excel, SPSS, and Python
- Organized and led lab-wide meetings

Publications

- Anguera, J.A., **Volponi, J.J.**, Simon, A.J. *et al.* Integrated cognitive and physical fitness training enhances attention abilities in older adults. *npj Aging* 8, 12 (2022). <https://doi.org/10.1038/s41514-022-00093-y>
- Anguera, J.A., Rowe, M.A., **Volponi, J.J.** et al. Enhancing attention in children using an integrated cognitive-physical videogame: A pilot study. *npj Digit. Med.* 6, 71 (2023). <https://doi.org/10.1038/s41746-023-00826-7>
- Pratap, A., Homiar, A., Waninger, L., Herd, C., Suver, C., **Volponi, J.**, Anguera, J.A., Areán, P. Real-world behavioral dataset from two fully remote smartphone-based randomized clinical trials for depression. *Sci Data* 9, 522 (2022). <https://doi.org/10.1038/s41597-022-01633-7>
- Anguera, J. A., Schachtner, J. N., Simon, A. J., **Volponi, J.**, Javed, S., Gallen, C. L., & Gazzaley, A. (2021). Long-term maintenance of multitasking abilities following video game training in older adults. *Neurobiology of Aging*, 103, 22-30.
- Ziegler, D.A., Simon, A. J., Gallen, C.L., Skinner, S., **Volponi, J.**, Rolle, C., Anguera, J. A., & Gazzaley, A. Closed-loop digital meditation improves sustained attention in young adults. *Nature Human Behavior* 3, 746-757 (2019). <https://doi.org/10.1038/s41562-019-0611-9>
- Pratap, A., Renn, B. N., **Volponi, J.**, Mooney, S. D., Gazzaley, A., Arean, P. A., & Anguera, J. A. (2018). Using Mobile Apps to Assess and Treat Depression in Hispanic and Latino Populations: Fully Remote Randomized Clinical Trial. *Journal of Medical Internet Research*, 20(8), e10130. <http://doi.org/10.2196/10130>

Manuscripts in Review/ in Preparation

- O’Laughlin, K., **Volponi, J.**, Anguera, J. et al. Remote data collection in the age of bots and other bad actors: What we can learn from initial implementations (*in preparation*).
- O’Laughlin, K., **Volponi, J.**, Anguera, J. et al. ACE-X Validation (*in preparation*).
- Volponi, J.** Coppola, Q., Anguera, J. Development of a fully remote, cognitive health application: A User-Centered Design (*in preparation*).

Awards and Grants

- 2023 Summer – WINGS Grant – UCSF: Data Analytics: Preparation, Processing, and Analyzing
- 2021 May – WINGS Grant – UCSF: Foundations of Project Management: Initiation, Planning, and Execution
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Conference Presentations

- Simon, A.J., Gallen, C.L., **Volponi, J.J.**, Campusano, R., Anguera, J.A., Ziegler, D.A., Gazzaley, A. *Relationships Between Age-Related Changes in Attention Span and Anticipatory Neural Activity*. Poster presented at the Cognitive Neuroscience Society

Annual Meeting; May 2-5, 2020, Virtual.

Joshua J. Volponi. *Neural and behavioral transfer of a simultaneous cognitive-physical video game intervention in an older adult population.* Talk presented at the Cognitive Neuroscience Society Annual Meeting; March 23, 2019, San Francisco, Ca.

Joshua J. Volponi, Alexander J. Simon, Alana B. Colville, Samirah V. Javed, Brigid J. Larkin, Karam K. Samplay, Soo M. Park, Jessica N. Schachtner, Roger Anguera, Christian J. Thompson, Joaquin A. Anguera, Adam Gazzaley. *Neural and behavioral transfer of a simultaneous cognitive-physical video game intervention in an older adult population.* Poster presented at the Cognitive Neuroscience Society Annual Meeting; March 23-26, 2019, San Francisco, Ca.

Joshua J. Volponi, Alexander J. Simon, Alana Colville, Samirah Javed, Brigid Larkin, Karam Samplay, Soo Park, Jessica Schachtner, Roger Anguera, Christian J. Thompson, Joaquin A. Anguera, Adam Gazzaley. *The effect of a novel simultaneous cognitive-physical training video game on an older adult population.* Poster presented at the Bay Area Memory Meeting; August 14, 2018, Davis, Ca.

Simon, AJ., Campusano, R., **Volponi, JJ.**, Skinner, SN., Anguera, JA., Gazzaley, A., Ziegler, DA. *Common and Unique Markers of Sustained Attention and Impulse Control.* Poster presented at the Cognitive Neuroscience Society Annual Meeting; March 24-27, 2018, Boston, Ma.

Pratap A, Anguera JA, Renn BN, **Volponi J**, Atkins DC, Mooney SD, Areán PA *Assessing Depression in the Wild: Insights From Two Large-Scale Fully Mobile Randomized Clinical Trials.* *iproc* 2017;3(1):e46 DOI: 10.2196/iproc.8504. Presented at the Connected Health Conference, October 25-27 2017, Boston, Ma.

Abhishek Pratap*, Joaquin A. Anguera*, Brenna N. Renn, Elias Chaibub Neto, **Joshua Volponi**, Sean D. Mooney & Patricia A. Areán. *The feasibility of using smartphones to assess and remediate depression in Hispanic/Latino individuals nationally.* Presented at the UBICOMP Workshop, September 11-15 2017, Maui, Hi.

Christian Thompson, Caleb Khan, Leticia Whitton-Martinez, **Josh Volponi**, Juliana Souza, Alexander Simon, Sasha Skinner, Daniel Kingsbook, Alan Leggitt, Joaquin Anguera, Adam Gazzaley. *Physiological and Cognitive Adaptations To 8 Weeks of Training On A Movement-based Video Game.* Poster presented at American College of Sports Medicine Annual Meeting; May 31-June 4 2016, Boston, Ma.

Joshua J. Volponi, Camarin E. Rolle, Alexander J. Simon, Daniel N. Kingsbook, Sasha N. Skinner, Alan C. Leggitt, Roger Anguera, Ty Clark, Caleb A. Khan, Christian J. Thompson, Joaquin A. Anguera, Adam Gazzaley. *Examining the benefit of a novel simultaneous cognitive-physical training video game.* Poster presented at the Bay Area Memory Meeting; August 24, 2015, Davis, Ca.

Other Presentations

Joshua Volponi, Jo Gazzaley, and Joaquin Anguera. Nexus. Presented May 8, 2023.

Joaquin Anguera, Jeci Younger, **Joshua Volponi**, Courtney Gallen, David Ziegler, Jackie Aayoub, Sierra Niblett. Nexus: Remote Trials Platform. Presented January 31, 2022.

Joaquin Anguera, **Joshua J. Volponi**, AJ Simon. Body Brain Trainer Lifespan Study. Presented February 10, 2020.

Courtney Gallen, AJ Simon, **Joshua J. Volponi.** Using brain modularity to identify EEG-based biomarkers of training outcomes. Presented February 3, 2020

Zoe D'Esposito, **Joshua J. Volponi.** Neuroscape Workshop Series: Design. Presented October 22, 2018.

Joshua J. Volponi and Jessica Schachtner. Neuroscape Journal Club. "Targeted training: Converging evidence against the transferable benefits of online brain training on cognitive function." Presented September 24, 2018

Joshua J. Volponi, Jordin Rodondi, Sierra Niblett & Richard Campusano. Neuroscape Center Meeting. "Neuroscape Leadership and Enrichment Committee." Presented September 10, 2018

Joshua J. Volponi. Neuroscape Journal Club. "The Brain Health Assessment for Detecting and Diagnosing Neurocognitive Disorders." Presented June 25, 2018

Joshua J. Volponi. Neuroscape Workshop Series: Body-Brain Trainer. Presented June 21, 2018.

Alexander J. Simon, Vinith Johnson, & **Joshua J. Volponi.** Neuroscape Workshop Series: EEG Processing. Presented June 15, 2018.

Joshua J. Volponi. VIP Tour and overview of Neuroscape technology. Tour given March 26, 2018

Joshua J. Volponi. Neuroscape Center Meeting. Body-Brain Trainer Dashboards Presented August 17, 2017.

Joshua J. Volponi. Gazzaley Lab Meeting. Body-Brain Trainer Outcome Measures. Presented December 5, 2015.

Liaison for Media Coverage

PBS. American Federation for Aging Research “Incredible Aging: Adding Life to Your Years.” Facilitated August 24, 2017.

The Verge. “Prescription Video Games May be the Future of Medicine” by Lauren Goode. Facilitated July 12, 2017.

CNBC. “Video games could soon replace pills in treating some cognitive diseases” by Jeniece Pettitt and Magdalena Petrova. Facilitated May 12, 2017

Wired. “Could a Video Game Strengthen Your Aging Brain?” by Anna Vlasits. Facilitated May 5, 2017

Other Roles and Associations

Member and Coordinator of the Neuroscape Alliance

March 2017-Present

- Facilitate collaborations with academic institutions, clinical centers, and research facilities around the world that share a common vision of leveraging new, non-invasive technology to advance translational neuroscience research
- Coordinate quarterly Neuroscape Alliance Meetings between nine centers in six countries
- Work with Neurotech at the Center Hospitalier Universitaire Vaudois (CHUV) in Lausanne, Switzerland on a cognitive and physical training intervention with patients diagnosed with MS

Co-founder of the Neuroscape Leadership and Enrichment Committee

March 2018-March 2020

- Meet weekly to create and implement low-cost, high-impact projects and events to enrich the work environment and create leadership opportunities at the mid-management level
- Serve as director for the Neuroscape Workshop Series
- Work with Glenn Entis and other outside collaborators to apply proven techniques to Neuroscape

Sport Club Student Council Board Member, UC Berkeley

August 2013- November 2015

- Constructed and implemented a budget of over \$17,000 to help 32 sport clubs run smoothly and efficiently
 - Acted as the liaison between the Recreational Sport directors and the presidents of each sports club
 - Served as a member of the internal judicial board for all Sport Clubs to hear and make decisions on new club applications as well as any violation of University of California policies
 - Implemented a novel tier system for sports clubs in order to balance clubs’ needs with limited University resources
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Languages and Travel

- Native English Proficiency
- Advanced Conversational Portuguese
- Intermediate Spanish (Four semesters of college credit)
- Studied abroad in Barcelona, Spain

Summer 2013

- Helped run youth sports clinics in Costa Rica and Nicaragua
- Attended Optos - Daytona Clinical Training in Edinburgh, Scotland
- People to People Educational Experience in Havana, Cuba
- Earned Certificate in Teaching English as a Second Language (TESL)
UC Berkeley Extension - 17 units (255 hours of instruction + 4 hours teaching)
- Selected as a Fulbright US Program semi-finalist

Summer 2014
November 2015
January 2017
June 2017
January 2018

Student and Staff Training

Gazzaley Lab/ Neuroscape Center

Since 2015, recruited and trained 110+ students, staff, and visiting scholars from a variety of disciplines (Psychology, Kinesiology, Cognitive Science, Molecular and Cell Biology, Neuroscience) and education levels (high school/ HS, undergraduate, post-doctoral, medical doctors), which involved training on intervention paradigms, neuropsychological assessments, and data collection using traditional behavioral and neural tasks as well as novel tablet-based assessments.

Tristan Adair, B.S. USF	Parker Gibson, HS	Soo Park, B.S.
Umer Ali, UC Berkeley	Armando Godinez, Eureka	Rebecca Pedras, B.S. USF
Melissa Arioli, USF	Alyssa Halili, B.S. USF	Chien Phan, UC Berkeley
Coté Auil, Dartmouth	Chase Hauser, B.S. USF	Andrew Playsted, UCSC
William Ayoub, B.S. USF	Maddy Heil, B.S. USF	Naixi Powers, M.D.
Garrett Barnett, UC Berkeley	Brian Hernandez, B.S. USF	Bilal Rajper, B.S. UC Irvine
DeJanelle Bovel, B.S. USF	Ilana Holt, B.S. USF	Anette Recinos, USF
Adam Bravo, B.S. USF	Chris Huerta, B.S. USF	Miranda Roberts, USF
Audrey Breton, B.S. McGill	Maria Janice, USF	Kasandra Romo
Randall Brown, B.S. USF	Christopher Janzen, B.S. USF	Andrew Rosenzweig, UC Berkeley
Falguni Bulsara, SFSU	Samirah Javed, B.S. USF	Elizabeth Ruan, UCI
Bianca Bustamente, B.S. SFSU	Jessie Joyner B.S. USF	Dominic Rubino, B.S. SFSU
Katherine Cai, UC Berkeley	Odeya Kagan, UC Berkeley	Karam Samplay, UC Berkeley
Angeline Cailles, B.S. USF	Caleb Khan, USF	Jessica Schachtner, B.S. USF
Miles Caliboso, B.S. USF	Sara Khosravinasr, PhD UIUC	Allison Sheu, UC Berkeley
Alison Castaneda, B.S. USF	Andrew Kirjner, M.S.	Zachary Siebel, B.S. USF
Anthony Castro, B.S. USF	Irina Kitrar, M.A. SFSU	Bhavdeep Singh, B.S. UCD
Rachel Chambers, B.S. USF	MacKenzie Krieser, B.S. USF	Julianne Sison, B.S. UCD
Melody Chang, UC Berkeley	Mihal Lakhovsky, USF	Troy Skinner, B.A. UCB
MacNeill Chapman, M.S.	Glyna Lara, B.S. USF	Audrey Smith, M.S. UCSF
Tojo Chemmachel, SFSU	Brigid Larkin, B.S. USF	Roberta Smith, B.S. U of Miami
Alana Colville, B.S. U of Oregon	Dunstan Lee, B.S. USF	Kylie Sullivan, B.S. USF
Hannah Cone, B.S. USF	Ivan Lee, B.A. USF	Jaclyn Sutow, B.S. USF
Angela Constantino, B.S. USF	Keanna Lee, B.S. USF	Jeremy Tang, B.S. USF
Sylas Cooper, UCLA	Vanessa Lopez, B.A. UC Berkeley	Adam Thompson, Gilroy HS/UCSB
Quentin Coppola, USF	Brittany Luu, B.S. USF	Madelyn Torres, B.A. USF
Matthew Cruz, B.S. USF	Jessica Manalang, B.S. USF	Nichole Vasquez, B.S. USF
Lauren Dacorro, B.A. Biola	Roland Manalo, B.S. USF	Micah Viss, B.A. UC Berkeley
Shannon Daly, B.S. USF	Candice Matlock, B.S. USF	Cooper Walter, Cornell
Ronald De Guzman, B.S. USF	Genevieve McCloskey, USF	Elizabeth Walton, B.S. USF
Neil de Quant, B.S. USF	Patrick Mckee, B.S. USF	Zachary Ward, B.S. USF
Erik Dulock, B.S. USF	Noel Moskowitz, USF	Naila Weinstein, HS
Brenna Dutchak, USF	Lily Muñoz, B.A. USF	Leticia Whitton-Martinez, USF
Thomas Egan, Occidental	Isha Nambisan, Carnegie Mellon	Abby Wohl, B.S. USF
Ahmed Eid, M.D.	Sukhpaul Nijjar	Brenda Wu, UCSB
Skylar Fenton, USF	Ricky Noriega, B.S. USF	Tianyue Zhao, HS
Molly Gerdes, UCSD	Chelsea Offril, B.S. USF	Phoebe Zimski

Community Outreach

- **Loaves and Fishes** (Berkeley, CA) *January 2015-March 2020*
Prepare and serve a monthly meal to the needy and homeless in the Bay Area
 - **UCSF Aquatics** (San Francisco, CA) *May 2015-Aug. 2020*
Serve as a Master's Swim Coach, lifeguard, and swim instructor for participants of all ages
 - Independent outreach to people living on the streets in the San Francisco Bay Area *January 2011- Present*
 - Visit senior centers throughout Northern California to inform older adults about neuroscience research and provide opportunities to participate *January 2017- Present*
 - **Bay Area Science Festival** exhibitor *11/3/18 and 11/2/19*
 - Developed lesson plans and taught English Language Learners (ELL) *January 2017- June 2017*
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Trainings and Certifications

- Data Analysis Certificate Program *May 2023- Present*
 - Google Project Management Certificate Program *June 1st - October 27th, 2021*
 - UCSF Diversity, Equity, and Inclusion Course
 - OnCore UCSF Participant management and tracking Courses *September 2021*
 - Clinical Research Coordinator Bootcamp and IRB Training *Summer 2020*
 - Cognitive Neuroscience Society Member
 - Psychonomic Society Member
 - Intro to Python Workshops - CLE, UCSF *October – November 2018*
 - Falls Prevention In-Service Training –
Neurosciences Clinical Research Unit (NCRU), UCSF *October 3rd, 2018*
 - Communicating with Patients with Primary Progressive Aphasia and Dementia
Neurosciences Clinical Research Unit (NCRU), UCSF *June 21st, 2018*
 - HIPAA, CITI Human Research (Stage 3), and CITI Good Clinical Practices *Since January 2016*
 - Certified Mediator by the Center for Community Dispute Settlement *August 2008*
 - CPR, AED, and First AID certified *Since January 2008*
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References

Adam Gazzaley, MD/Ph.D.

Director -Neuroscape
Professor -Neurology, Psychiatry and
Physiology
University of California, San Francisco
adam.gazzaley@ucsf.edu

Courtney Gallen, Ph.D.

Director of Education Division – Neuroscape
Assistant Professional Researcher – Neurology
University of California, San Francisco
Courtney.Gallen@ucsf.edu

Joaquin Anguera, Ph.D.

Director of Clinical Program -Neuroscape
Assistant Professor -Neurology and Psychiatry
University of California, San Francisco
joaquin.anguera@ucsf.edu

Britte Cheng, Ph.D.

Principal and Founder - Menlo Education
Research
bcheng@menloedu.org

Christian Thompson, Ph.D.

Associate Professor, Kinesiology
University of San Francisco
cjthompson@usfca.edu